

Youth Behavioral/ Mental Health

- **Behavior Management** – Behavioral strategy program designed to meet behavioral objectives. Providing ongoing interventions that support the child and family in implementing a behavior plan with goals and objectives.
- **Mentoring** – A structured one-on-one activity focusing on a specific treatment goal (i.e. social skills, self-esteem) which encourages a positive connection to the community.
- **Drug Prevention/Education** – This service can be used to assist family members in better understanding and coping with the addiction process. Services can be tailored to include education and prevention (i.e. refusal skills, coping skills).
- **Life Coaching** – A focused practice with the purpose of assisting clients in determining and achieving personal goals that are developed by the client.
- **Group Therapy** - Goal-directed, face-to-face group intervention that focuses on the mental/behavioral and/or emotional needs of the group.
- **Individual Therapy** - Goal-directed, face-to-face therapeutic intervention that focuses on the mental health/behavioral and /or emotional needs of the child.
- **Group Recreation** – A coordinated and organized community based recreational activity for a group of children.

Family

- **Family Therapy** - Goal-directed, face-to-face therapeutic intervention with a minimum of two family members that may include the child.
- **Parent Aide** – Home/Community based service that focuses on the needs of the parent for instruction and skill development to maintain or enhance parenting skills and house management (i.e. budgeting, scheduling).
- **Day Respite** – Respite provides a safe and structure setting for a child while providing family/guardian support and relief while the child engages in positive activities.

- **Family Skills Training Group** – Structured outings that are designed to improve family relationships and communication through engagement in positive activities and recreation.
- **Family Visitation** – Structured visitation between child and identified family member.



- **Child/Family Supervised Visitation** – Monitoring/supervising

Service Provision for Individual

Needs **SPI**

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ntegration Treatment - Treatment specifically designed to focus on the reintegration of a child into the family/ surrogate family home after a placement in a hospital, residential treatment center, group home or any out-of-home placement.

- **Curfew** – Face-to-face or via telephone to ensure curfew compliance.
- **Interpreting** – Interpreters facilitate communication between clients with limited English proficiency and their families, physicians, and other community resources.
- **Overnight supervision** – Provides overnight, awake, supervision to ensure safety of child.

Education/ Vocation

- **Teacher's Aide** – Support provided to a child during the school day to assist in preventing behavioral problems that otherwise, if unmonitored, could result in suspension from school.
- **Rise and Shine** – A service to assist clients and their families in developing a morning routine on school days for the purpose of reducing behaviors that would otherwise result in truancy.
- **Vocational Skill Building** – Support provided to a child to ensure successful adjustment to new employment with consideration of the child's interests and the employer's expectations.
- **Tutoring** - Service to assist a child in achieving or maintaining age-appropriate academic skills as indicated on the client's IEP/report card or recommendations from an educator.

- **Supportive Work** – A supportive work environment for youth ages 14 and up to develop job readiness, career

planning and job placement.

- **Transportation** – Transportation for child/family to and from schedule appointments.

Diagnostic

- **KEY Program** – Customized curriculum; comprehensive life skills programming
- **Outpatient Diagnostic** – Psychological, psychiatric, developmental, functional behavioral or learning disability evaluations by a qualified professional on an outpatient basis.

Fee-for-Service Program that

Fills the Gaps and Gets Results



Do you need support for children and parents to help them reach their full potential?

We can help.

SPIN offers services that fill the gaps and get results

Often times, children and families are not in need of a full services case but require a supplemental component to help them reach their treatment goals.

The Service Provision for Individual Needs (SPIN) program is a fee-for-service program which allows the referring payer (i.e. school districts, clinics, municipalities) to provide various specialized services as treatment options for their clientele. This results in more measurable and positive outcomes.

The SPIN program assists these families by providing strength based, individualized services and follows the principles of Kids Oneida's Wraparound philosophy.

Outpatient Diagnostics

Outpatient Diagnostics can be a cost effective, community based approach to assess whether children at risk of out of home placement are ensured the most appropriate and least restrictive form of treatment.

In order to do this a comprehensive and detailed mental health assessment is completed that includes:

- A psychiatric or psychological evaluation completed by a medical doctor
- A psychosocial evaluation completed by a licensed clinician (LMSW or LCSW)

45

days from referral to completion of diagnostic evaluation

\$552,000

saved for Oneida County utilizing this program in 2016

250

children served in the Outpatient Diagnostic program since 2008

SPIN Services

The Kids Oneida SPIN program provides a variety of traditional and non-traditional services to our referring agencies. These services are utilized using our wraparound philosophy to empower and support the families and children we serve.

SPIN services are strength-based and individualized based on the needs of the client and their family. The families are an integral piece of the treatment team, and assist in goal creation and reassessment. Our services are able to be provided in the setting that allows the family to feel most comfortable, whether that is the home, school or any other community site.

SPIN services are provided by our network of contracted service providers. All contracted service providers are experienced professionals who use their training and skills to guide and support the family as they work to achieve their goals.

SPIN Process



Referral submitted to SPIN coordinator by referring agency

The SPIN coordinator is always available to assist in referral completion. Accurate and detailed referrals assist the SPIN coordinator in finding the best fit for the family.



Service Provider Assigned

The SPIN coordinator will assign a service provider to the case within 72 hours of receiving the referral. Once this has occurred, they will call or e-mail the referrer with the provider's contact information.



Service Provider Initial Contact

Once assigned, the service provider will make an initial contact within 48 hours and set up a face-to-face meeting with the family.



Goals Set and Services Begin

At the initial face-to-face meeting, the provider and family will discuss what goals they have for services and will create a plan for meeting consistently and for measuring progress. The service provider will periodically update the referrer with case information.



Progress Notes Submitted

After every contact, the service provider will submit a progress note detailing the contact. These notes are to be submitted within three business days of the contact. At the end of the month, the SPIN coordinator will print all progress notes and send them to the referring agency.



Services Reassessed Periodically

The referring agency determines when they would like to reassess services. Most agencies do so on a monthly or quarterly basis. At that time, services can be modified or ended as needed.

