

# Do you need support for children and parents to help them reach their full potential?

Often times, children and families are not in need of a full services case but require a supplemental component to help them reach their treatment goals.

# **About SPIN**

The ICAN SPIN program provides a variety of traditional and non-traditional services to school districts, clinics, municipalities and other referring agencies. These services are utilized using our wraparound philosophy to empower and support all the families and children we serve.

SPIN services are strength-based and individualized based on the needs of the client and their family. The families are an integral piece of the treatment team, and assist in goal creation and reassessment. Our services are able to be provided in the setting that allows the family to feel most comfortable, whether that is the home, school or any other community site.

Services are provided by our Independent Practice Association (IPA) – experienced professionals who use their training and skills to guide and support the child and family as they work to achieve their goals.

## **SPIN** Process

- Referral submitted to ICAN SPIN coordinator by referring agency
- Service provider assigned within 72 hours of receiving referral
- Family will have face-to-face meeting with service provider within 48 hours of them being assigned
- Goals are set and services begin with a consistent meeting schedule
- Progress notes submitted after each contact and sent to referring agency
- Services reassessed periodically usually on a monthly or quarterly basis





## YOUTH BEHAVIORAL/ MENTAL HEALTH

**Behavior Management** – Behavioral strategy program designed to meet behavioral objectives. Providing ongoing interventions that support the child and family in implementing a behavior plan with goals and objectives.

**Mentoring** – A structured one-on-one activity focusing on a specific treatment goal (i.e. social skills, self-esteem) which encourages a positive connection to the community.

**Life Coaching** – A focused practice with the purpose of assisting clients in determining and achieving personal goals that are developed by the client.

**Group Therapy** – Goal-directed, face-to-face group intervention that focuses on the mental/behavioral and/or emotional needs of the group.

**Individual Therapy** – Goal-directed, face-to-face therapeutic intervention that focuses on the mental health/behavioral and/or emotional needs of the child.

**Group Recreation** – A coordinated and organized community based recreational activity for a group of children.

### **FAMILY**

**Family Therapy** – Goal-directed, face-to-face therapeutic intervention with a minimum of two family members that may include the child.

**Parent Aide** – Home/Community based service that focuses on the needs of the parent for instruction and skill development to maintain or enhance parenting skills and house management (i.e. budgeting, scheduling).

**Day Respite** – Respite provides a safe and structure setting for a child while providing family/guardian support and relief while the child engages in positive activities.

**Family Skills Training Group** – Structured outings that are designed to improve family relationships and communication through engagement in positive activities and recreation.

**Reintegration Treatment** – Treatment specifically designed to focus on the reintegration of a child into the family/surrogate family home after a placement in a hospital, residential treatment center, group home or any out-of-home placement.

**Curfew** – Face-to-face or via telephone to ensure curfew compliance.

**Interpreting** – Interpreters facilitate communication between clients with limited English proficiency and their families, physicians, and other community resources.

## **EDUCATION/ VOCATION**

**Teacher's Aide** – Support provided to a child during the school day to assist in preventing behavioral problems that otherwise, if unmonitored, could result in suspension from school.

**Rise and Shine** – A service to assist clients and their families in developing a morning routine on school days for the purpose of reducing behaviors that would otherwise result in truancy.

**Vocational Skill Building** – Support provided to a child to ensure successful adjustment to new employment with consideration of the child's interests and the employer's expectations.

**Tutoring** – Service to assist a child in achieving or maintaining age-appropriate academic skills as indicated on the client's IEP/report card or recommendations from an educator.

#### DIAGNOSTIC

**Outpatient Diagnostic** – Psychological, psychiatric, developmental, functional behavioral or learning disability evaluations by a qualified professional on an outpatient basis.

