

## IF YOU WOULD LIKE TO...

- ✓ Acquire skills to advance your career
- ✓ Increase your employability
- ✓ Gain professional credibility
- ✓ Use your lived experience to empower others
- ✓ Inspire hope in children and families

... **THIS TRAINING IS FOR YOU!**

## CREDENTIALING SUPPORT AND PEER TRAINING



### ***Become a Peer Advocate today!***

Talking with someone who understands can make the world of difference for those with mental health challenges. Peer support is an evidence-based practice that is becoming more utilized because *it works*. Peers are role models, mentors and much more.

### ***Your life experience can help youth and families!***

Connect, provide a safe space and one-on-one non-crisis support for clients to share their struggles, navigate mental health and other systems, celebrate successes and practice self-care. You build trust. You help individuals build their self-esteem and confidence, and help them take control of their lives.

**FREE certification training begins**

**January 27, 2022**

**10:00am - 1:00pm**

**310 Main Street, Utica**

**12 weeks, every Thursday**

**Limited openings**

Youth Peer Advocate: 18-30 years old

Family Peer Advocates: 18+.

### **To sign up or for questions:**

Jennifer Pedersen,

Peer Support Program Manager

(315) 731-2660 or

[jpetersen@ican.family](mailto:jpetersen@ican.family)



[www.ican.family](http://www.ican.family)



**Families Together**  
in NYS **FPA**

Credentialing is provided through: **in NYS FPA**