













KEEPING FAMILIES TOGETHER

2016 ANNUAL REPORT





A MESSAGE From the CEO/Executive Director

Dear Community Partner,

As we enter our 20th year of providing services in Upstate NY, the staff and providers of Kids Oneida remain committed to our vision of Keeping Families Together. Rooted in the Wraparound philosophy, our team based approach is dedicated to preserving the sanctity of family while ensuring the highest quality of care. Originally formed as a children's behavioral health provider, Kids Oneida now proudly offers 13 programs across 7 counties in the Mohawk Valley. Each program, while unique in their own way, ensures the needs of our families are met and the highest standards of quality are delivered whenever and wherever possible.

Services when and where they're needed

The needs of those we serve are not reserved for normal business hours. We provide support and guidance to our clients 24 hours a day, 7 days per week, 365 days a year. The staff and providers of Kids Oneida meet our families where they are when they need us most whether that is in their home, the community, or our offices.

New opportunities to serve those in need

In 2016, we expanded our offerings to more individuals in more locations. Care coordination is now available to adults through Adult Health Homes, parents can now seek help and self-refer their children through care management services in Children's Health Homes, and we have helped to bridge the gap between home and school through various school based partnerships. We continue to evaluate ways in which our services not only can help those individual families we work with every day, but ways in which our philosophy of care can have a profound impact on the communities we serve.

Thank you for believing in us!

On behalf of the families, staff, providers, and board of directors, we thank you for taking the time to join us in reflecting on 2016. As we come to a close on our second decade of care, we are excited about all that is in store for the next chapter in the Kids Oneida story.

Steven Bulger, MBA, CEO/Executive Director

Board of Directors

Rosario Dalia President

James Salamy Vice President

William McDonald Treasurer/Secretary

David Bruno Sarah Lam Gail Rice Mike Parsons

Executive Team

Steven Bulger, MBA CEO/Executive Director

Chris Lambe, CPA Director of Business and Finance

Kristen Rasmussen Associate Executive Director of Programs and Services

Katie Weldon, LMSW Associate Executive Director of Clinical Services

BRIDGING ACROSS COMMUNITIES 2016 Accomplishments

Expanding Our Commitment to Healthy Adults

Kids Oneida has long served more than just kids. Given our whole family approach, we have reached adults through our Case Planning, Healthy Families, and Evelyn's House Programs. Despite this, the Mohawk Valley has major shortages in community-based behavioral and mental health services. To fill this gap, Kids Oneida expanded our commitment to adults in 2016.

Recognizing the need for strength based, wraparound supports for adults in our community, Kids Oneida brought our proven care coordination model and services to adults through Adult Health Homes. We, in turn, entered into a contract with Central New York Health Home Network to become a Care Management Agency. Given our expertise and success in engaging adults, Kids Oneida was approved by the NYS Department of Mental Health to become an Adult Home and Community Based Provider. Now, adults seeking comprehensive assistance at home and in the community can access it through Kids Oneida's contracts with four Managed Care Organizations.

The core of Kids Oneida's Adult Health Homes Program is the coordination of care across systems, including medical, social services, and community-based resources to improve the health and wellbeing of adult clients. To do this, our Outreach Specialist and Care Managers offer client-centered care for Medicaid-eligible adults seeking individual or group health, mental health, and substance abuse support. With consistent care at home and in the community, Kids Oneida will reduce the need for costly and stressful emergency room visits and inpatient stays while building more resilient families and a healthier region.



Stronger Connections Through Children's Health Homes

With a proven model that keeps families together and improves outcomes for youth, Kids Oneida is dedicated to expanding access. Building on the success of Kids Mohawk Valley—which brought our services to children and families across the region—we transitioned this program to a new and expanded care management opportunity through Children's Health Homes.

As a client-centered agency grounded in the Wraparound philosophy, Kids Oneida's model is closely aligned with Children's Health Homes. Now, Kids Oneida services will be even more integrated and coordinated across youth and family systems. As a statewide initiative, Children's Health Homes aligns information and supports and has enabled Kids Oneida to contract with three Health Homes across six counties.

Kids Oneida owes much of our success in this transition to the Community Foundation of Herkimer & Oneida Counties. Through a generous \$75,000 grant, Kids Oneida seamlessly shifted our cases, staff, and agency to this new model and is in a moment of unprecedented opportunity to expand even further.



Children's Health Homes:



HOME HEALTH & HOSPICE

Leading Juvenile Justice Reform Across the Region, State and Nation

Kids Oneida, in partnership with the NYS Division of Criminal Justice Services, was selected by the US Office of Juvenile Justice and Delinquency Prevention as one of five projects across the country working as a learning collaborative to transform the juvenile justice system. Through this work, Kids Oneida launched task forces in six Mohawk Valley counties and brings together 45 leaders across the region and state on a quarterly basis. With support from the Council of State Governments Justice Center and the Robert F. Kennedy National Resource Center for Juvenile Justice, Kids Oneida is creating a plan to reduce youth recidivism focused on promoting trauma-informed care, reducing racial and ethnic disparity, and encouraging family engagement.

This work will enable counties to better access and analyze juvenile justice data, implement evidence-based approaches to support youth in reentry, and lay the groundwork for NYS to raise the age of juvenile jurisdiction from 16 to 18. Together, Kids Oneida and partner agencies are creating a model to promote positive youth justice in rural and suburban areas that can be customized and implemented across the country.



CONNECTIONS FOR SUCCESS 2016 Accomplishments

Expanding Intensive School-Based Services for Student Success

Kids Oneida knows what it takes to help kids with serious social, emotional, and behavioral needs thrive in school.

This year, Kids Oneida stepped up to partner with local BOCES to develop an innovative in-school program. We provide intensive, in-school care—with staff co-located within school classrooms— coupled with comprehensive wraparound family and community support for students. Without this collaboration, many at-risk students would lack appropriate in-school accommodations and could even require residential placement to meet their academic needs.

Madison-Oneida BOCES enlisted Kids Oneida to start the Striving Toward Academics, Respectfulness, Responsibility, and Safety (STARRS) Program in three classrooms for elementary age students. Here, a Kids Oneida Behavioral Specialist and Clinical Care Coordinator work alongside teachers and teacher assistants to support each classroom and maintain close connections to students' families through monthly meetings in their homes. Students are also provided access to home and community based supports as needed through the Kids Oneida Provider Network. Kids Oneida launched a similar model in connection with Herkimer BOCES at the Pathways Academy. The Achievement, Inspiration, Motivation (AIM) Program for middle school students has been successful in maintaining at risk youth, many of whom have been suspended or expelled from other schools and programs. Already, Kids Oneida has measured reductions in suspensions, disruptive incidents, and restraints and improvements in school and classroom culture and climate.

With the support of NYS Senator James L. Seward and District Superintendent Joseph Yelich, Kids Oneida is acting as the bridge between home, community, and school within the Oneonta City School District. With a Care Coordinator and access to behavior management, mentoring, family skills training, and parent aide services, we are working closely with administrators, teachers, guidance counselors, nurses, parents, and school staff to support kids who are struggling in school.



Building Peer Support Networks with Transition Age Youth

To establish peer support communities among transition age youth, Kids Oneida brought the Knowledge Empowers You (KEY) Program to 725+ youth in 2016. An evidence-based program created by the McSilver Institute for Poverty Policy and Research, Kids Oneida is part of a statewide learning collaborative of organizations implementing this model.

KEY empowers youth to make decisions that work for them. Facilitated by Kids Oneida staff, interactive group sessions engage youth in discussions on the issues that are most relevant to their lives: relationships, self-esteem, goal setting, self-advocacy, preparing for work and college, internet safety, health and wellness, and personal finance, among others.

In 2016, Kids Oneida brought KEY to youth in a variety of settings. Through daylong seminars at Notre Dame High School by request of the school principal, Kids Oneida reached students in grades 7-12. After noticing students struggling with confidence, self-esteem, and relationships, Forestport Elementary School's nurse invited Kids Oneida to lead a four-week KEY group for grades 3-5. Within Kids Oneida, KEY has supported groups of youth engaged in other agency programs through four week and ten week programs. The flexible, client-driven, group-based KEY model facilitates connections among participants that lead to longstanding peer support networks.





Reconnecting to School and Careers after Juvenile Justice Involvement

For young adults who have been involved in the juvenile justice system, rebuilding your life can be hard. In 2016, Kids Oneida expanded the Face Forward program to reach 127 youth ages 16-24 who had been arrested, in residential treatment, or on probation. Of these young adults, 99.6% successfully remained at home and in the community with Kids Oneida's support.

A completely voluntary program, Face Forward youth joined on their own terms, were invested in the program, and encouraged one another to work toward their goals. Every participant was working toward graduating from high school, getting their General Education Diploma, or securing and maintaining employment. Kids Oneida meets each young adult where they are at, providing tailored SPIN services—such as mentoring, rise and shine, life coaching, and supportive work based on their unique goals, interests, and needs.

As NYS prepares to raise the age of juvenile jurisdiction from 16 to 18, Face Forward provides a model for engaging and ensuring the success of young adults with juvenile justice involvement. In 2017, Kids Oneida seeks to expand Face Forward even further, reaching up to 200 young adults in Oneida County.

Available in: Oneida

ACE Working

Core Partnerships:



AT KIDS ONEIDA • ALV

Through Kids Oneida's recently launched Adult Health Homes Program, it's our job to provide client-driven support. Carl was connected to health and mental health services, we helped him identify housing, provided transportation to appointments, and offered encouragement. After five months of support, Carl, his girlfriend, and their children reunited and are excited to be building a new foundation of love and trust at home together.

We see great outcomes like Carl's happening all day long...



8am

Dr. Raju greets a young client before entering a psychiatric medication review at the Kids Oneida office. Kids Oneida provides clinical services at our main office where we provide quality psychiatric services to those in our Intensive Kids Oneida program.



9am

Mom Karra gives a proud hug to Mackanzee (5) as she receives her diploma and graduates from Healthy Families of Oneida County.

VAYS HERE FOR YOU

10am

Quin, Director of Quality Improvement, gives blood at a Kids Oneida blood drive at our Main St. Office. Kids Oneida hosts two Red Cross Blood Drives each year.



1pm

Adult Care Manager Tyler, connects with his client's health care providers to confirm that his upcoming appointments are scheduled and that he has the necessary transportation set up to get there.



2pm

Kids Oneida Staff pose for a picture during our Annual Family Picnic. Fun, food, games, and music are enjoyed by all each year in August as a way for Kids Oneida to show appreciation to our families for all the hard work they put in every day to achieve their goals.



8pm

Sammy Vasquez, Jr, the #6 ranked boxer in the world, shared his inspirational story with our Kids Oneida friends and families about overcoming bullying and doing everything you can to chase your dreams!



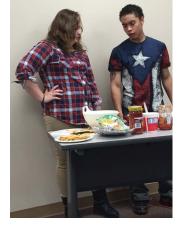
3pm

Healthy Families of Oneida County hosts a cooking class as part of their quarterly parenting groups. This young couple learns to make dinner as part of a skill building as well as relationship building exercise.

11am

Gretchen, Family Assessment Worker at Healthy Families of Oneida County, leads parents in a Guided Painting Session. Each Healthy Families Staff leads their own group quarterly, giving parents a positive place to come and learn a new skill.





IN THE COMMUNITY -

In partnership with Madison-Oneida BOCES, Kids Oneida launched the Striving Toward Academics, Respectfulness, Responsibility, and Safety (STARRS) Program to reach students whose behaviors can severely impact their academic success. For Sean, the STARRS program coupled with Assertive Community Treatment (ACT) services bridged a gap between home and school and has allowed him to excel. In addition to transitioning to be a full-day student for his first time in two years, Sean has had positive behavior 100% of the time.

We are at work in the community no matter the time of day...



8am

The Kids Oneida Supported Work Team participates in an early morning community clean up in Bagg's Square to beautify the area for spring time. This team learns soft skills through hands-on training in an effort to some day achieve competitive employment.

MAKING STRIDES

9am

Behavior Specialist Todd receives a "ticket" from the student "Sheriff" in the classroom. This technique is used often with this student as a method of distraction when he escalates and needs some support being redirected, as he loves law enforcement and using sticky notes!



10am

Healthy Families of Herkimer County staff visit the local WIC office to collect referrals for the program. It is a self-referral program, so outreach is so important; the Family Assessment Worker collaborates with service agencies and doctor's offices regularly.





Clinical Care Coordinators in our STARRS school program at Madison-Oneida BOCES comfort a young student with his favorite blanket during a difficult time. The staff use therapeutic interactions to calm him so that he is able to rejoin his class and continue with his school day.





2pm

A father and daughter from Healthy Families of Herkimer County spend some quality time together at Russell Park in Ilion during a Program Outing to encourage family togetherness. This outing is held each year to celebrate the families' successes in the program.



3pm

Therapeutic groups are an important part of treatment for our youth enrolled in the ACT program. Therapeutic horseback riding at the Root Farm is a popular outing that not only instills a sense of confidence, but allows our kids to learn and grow.



7pm

Kids Oneida teen Makayla sings the national anthem at the Utica College hockey game at the Utica Memorial Auditorium, something she achieved with the help of her team.



8pm

Kids Oneida Staff support the local United Way by pouring beverages at a Saranac concert series. Kids Oneida often participates in area events to support local agencies, while also giving back to the community and bonding as a staff.

IN THE HOME - BUILDI

Kendra and Eric reached out to Healthy Families of Oneida County to learn more about how to prepare for the birth of their first baby. In addition to providing resources on the "how to" of parenting, Healthy Families connects new and expecting parents to a network of in-home and community-based support. Leading up to Jaleesa's birth, Kids Oneida visited their home twice a month and, once she arrived, every week. Over the next five years, Kids Oneida will be there as Jaleesa grows to provide encouragement, support, and guidance.

At all times of day, home visits are strengthening families...



6am

Kids Oneida providers offer Rise and Shine – a unique service that helps families start the day off right by helping children get up, get ready, and get to school on time with everything they will need for their day.



9am

Healthy Families of Herkimer County Family Support Worker Arline plays during a home visit with Sammantha and her sons Dawson (2) and Jackson (5 months).

NG GREAT FOUNDATIONS

1pm

and child.

Single dad Aaron and Kimberly (2)

Erica. Healthy Families of Herkimer

County supports positive parenting

techniques and encourages creative

engagement between the parent

play "Ring Around the Rosie" in their living room during a home visit with Family Support Worker

12pm

Parent Partner Johanna completes a Family Assessment of Needs & Strengths (FANS) with Lindsey during a visit to her home. Parent Partners completed 30 FANS assessments in 2016 to assist treatment teams in utilizing family voice and choice and developing treatment goals.





11am

Johanna colors with daughters Hope (6) and Rosalee (3) during a Healthy Families Home Visit with Family Support Worker Grace. Family Support Workers often engage parents and children in activities to support positive family bonding while reviewing goals and services.

3pm

Tiarra (10) cooks an after school snack of eggs and toast for her and her brother before going on her mentoring activity.





5:30pm

A young mother at Evelyn's House prepares family dinner on her designated night to cook for the women and their children. All residents eat a family-style dinner together Monday though Friday with each dinner planned and prepared by a resident.

7pm

Service Coordinator Jen meets with a resident at Evelyn's House to review her daily and weekly appointment schedule as well as her goals and necessary paperwork for upcoming appointments.





6pm

Adult Care Manager Tyler meets with Carl at his home to review his Care Plan so that Carl is clear on the goals he has set forth for himself and the plan they have put in place for him to reach those treatment goals.

13 🚖

WHAT WE DO

Kids Oneida offers 12 programs for adults, families, and children across 7 counties to empower our clients and keep families together

Intensive Kids Oneida (IKO) + Assertive Community Treatment (ACT) + Step Down

Kids Oneida's IKO and ACT Programs are the most comprehensive we offer. A true residential alternative, ACT prevents imminent placement in out-ofhome care through wraparound services. Step Down allows a gradual decrease in service intensity as youth build their strengths and resources. In 2016: ACT successfully maintained 97.5% of kids at home and in the community.

Return Home Early (RHE)

To reunite families, improve youth outcomes, and promote public safety, RHE identifies youth in residential placement and supports them in transitioning home prior to their scheduled release date. Since 2008, RHE has reduced lengths of stay by 18,982 days for 223 youth. In 2016: Returned 19 kids home a total of 2,050 days early.

Service Provisions for Individualized Needs (SPIN)

SPIN offers fee-for-service supports for clients based on their unique needs and interests. Individual or group services such as mentoring, parent aide, family skills training, and respite are provided at home, in school, and in the community

In 2016: SPIN produced a \$552,000
cost avoidance for Oneida County
through outpatient diagnostic services.

School-Based Services

Kids Oneida partners with schools and districts to bring tailored services to classrooms, schools, and students' homes. Through these offerings, Kids Oneida improves attendance and academic achievement, reduces disciplinary referrals, and prevents children's placement in residential facilities based on academic needs. In 2016: Launched in 4 new classrooms at Madison-Oneida BOCES and Herkimer BOCES.

Second Chance Juvenile Reentry

To transform the Mohawk Valley's juvenile justice system, Kids Oneida supports six county-level taskforces working to reduce youth recidivism, improve family engagement, reduce racial and ethnic disparities, and increase trauma-informed care. **In 2016: Convened 45 state and county leaders 4 times to improve juvenile justice systems.**

Kids Herkimer

Since being launched in 2008, Kids Herkimer has expanded to offer 6 programs for Herkimer County's youth and families: Intensive Preventive, SPIN, Family Reunification, Detention Diversion, RHE, and the Nurturing Parenting Program.

In 2016: 100% of children in the Detention Diversion Program had no police contact while in the program. **7** counties served by Kids Oneida 98% of families kept together 2,234 youth and families served in 2016

350 staff and providers building healthy families and communities

13 government partners contracting directly with Kids Oneida

Healthy Families of Herkimer County

A nationally validated program, Healthy Families of Herkimer County is proven to promote positive parenting skills and is available to new and expecting parents across the county through a partnership with Herkimer County Public Health Department. = In 2016: 93% of Family Support Workers' 2,166 client contacts were home visits.

Healthy Families of Oneida County

With support from NYS Office of Children and Family Services, this program provides child development and parenting education, assessments of infant-child development, and access to resources for new parents and their children up to age five. = In 2016: Served 190 families and had 43 new healthy babies born to parents supported by this program.

Evelyn's House

Transitional housing for homeless mothers ages 16-21 and their children, Evelyn's House provides a safe, nurturing home and supportive services while preparing young mothers for the challenges of living independently. In 2016: 93% of mothers and their children successfully transitioned into safe and stable housing.

Supervised Visitation Program

A strength based program, Supervised Visitation provides conflict and crisis mediation as well as professional supervised visitation through Family Court in Oneida County to help separated families reestablish relationships. In 2016: 170 successful supervised visits with 70 parents, 48 children, and 4 grandparents in 5 counties.

Children's Health Homes

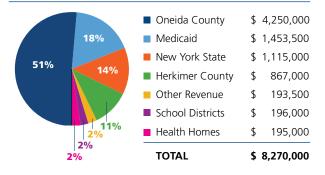
Through three Children's Health Homes, Kids Oneida offers care management services to youth in four counties. Children's Health Homes will ensure that our services are even more accessible, streamlined, and connected to our clients and communities. **In 2016: Kids Oneida became a contracted Care Management Agency with 3 Children's Health Homes in 4 counties.**

Adult Health Homes

To bring Kids Oneida's intensive service model to adults, we became an Adult Health Home Care Management Agency and a NYS approved Home and Community Based Services Provider offering Care Management, Peer Support Services, Family Support and Training, Psychosocial Rehabilitation, and Habilitation. In 2016: Only 2% of adult clients had to be admitted to the hospital while receiving Kids Oneida services.



2016 Revenue by Source



2016 Expenses by Function

44%

Numbers rounded to the nearest thousand



2016 was a year of growth and diversification for Kids Oneida, both programmatically and financially. We continue to leverage our core competencies in care coordination with our Adult and Children Health Homes Programs, as well as our new School-Based Services initiative.

Kids Oneida strives to collaborate with community stakeholders, nonprofit organizations, local, state and federal governmental agencies, and all families as we embrace the systematic changes to health and human services in NYS.

The organization creates significant financial benefits with every case served, including exponential savings in social services and health care, but also individual financial independence and paths to long-term sustainability.

By the end of 2016, Kids Oneida had the most diversified funding in organization history, while remaining focused on Oneida and Herkimer Counties.

Diversification of Revenue*



* Revenue from funding streams other than Oneida County contracts

COMMUNITY ISSUES





GOVERNMENT & FOUNDATION PARTNERS

The essential services Kids Oneida provides are supported by a diverse range of funders, with a total of 13 federal, state, and county agencies and one community foundation ensuring our sustainability and success.



Community Foundation



Our events throughout 2016 raised fu

Our events throughout 2016 raised funds to directly assist many Kids Oneida programs, raised awareness and gave back to our families.



KidCents Program check presentation at Rite Aid – *February*



Movie Monday at The Stanley a free community event – *February*



Scalise Tae Kwon Do Kick-a-Thon at Sangertown Mall – *February*



Photovoice event at The Stanley – May



Family of the Year park bench dedication for the Coffin family – June



Florida Georgia Line concert at Dick's Sporting Goods Open – July



PAR 4 Kids Ladies' Golf Tournament – July



Nicholas D. Laino Annual Golf Classic – *August*



Kickoff for Kids ticket event at Utica Coffee – *November*



Preswick Glen check presentation for Evelyn's House – October



Thanksgiving Turkey Drive thanks to a generous donation from First Source Federal Credit Union – *November*



RoAnn Destito, on behalf of the Governor's Office, visits to donate hundreds of toys – *December*



Volunteers wrap gifts for Adopt-A-Family Program – December

LOOKING FORWARD TO 2017 Empowering Individuals and Families

Launch of TBI & NHTD Waiver Services

Given Kids Oneida's commitment to reaching people in need of intensive, client-centered supports, we plan to offer Traumatic Brain Injury (TBI) and Nursing Home Transition and Diversion Waiver Services (NHTD) in 2017. To prepare for this expansion, we applied to the NYS Department of Health to become an approved provider. Once approved, Kids Oneida will be able to offer Service Coordination and Community Integration Counseling services across eight counties including Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, and St. Lawrence.

Creation of an Independent Provider Association

Since Kids Oneida's founding in 1997, we have relied on a subcontracted Provider Network to access innovative, unique, and tailored services to meet our clients' needs. To facilitate this network's continued growth under Medicaid Managed Care, Kids Oneida will establish an Independent Practice Association (IPA) in 2017: the Integrated Community Alternatives Network IPA LLC. This will allow our 200+ providers from 43 contracted agencies to continue providing high-quality care and facilitate future network expansion.

Transforming our Clinic to Increase Access

Eight years ago, Kids Oneida moved into its own building with a fully accessible clinic that met our organization and clients needs. Since that time, Kids Oneida tripled the number of clients we reach and expanded services to five new counties. In 2017, we are excited to renovate and restructure our clinical offices, patient conference rooms, nurse station, and training area. With these improvements, we will be able to reach more people, improve care, and offer even more services to youth, adults, and families.

Expanding to Brodock Professional Offices at Mill Square

To meet the needs of Kids Oneida's growing staff and clients, we look forward to opening a satellite office location at 502 Court Street in Utica. From here, Kids Oneida will run our Adult Health Home, Children's Health Home, and Traumatic Brain Injury/Nursing Home Transition and Diversion projects. Hope you will visit our new office in 2017!









Keeping families together.

310 Main Street Utica, New York 13501 315.792.9039 kidsoneida.org









Thank you to Kids Oneida staff for helping us with photography to show a true "day in the life" of our kids and families:

Johanna Johnson = Parent Partners Grace Fargas = Healthy Families of Oneida County Timothy Williams and Merissa Sigbieny = Intensive Kids Oneida/Step Down Lauren Mastrangelo and Carrie Conte = School Based Programs (AIM/STARRS) Tyler Haskell = Adult Care Management Erica Johnson = Healthy Families of Herkimer County Jennifer Pedersen = Evelyn's House Peggy Palaka = Provider Network

